

Whole Brain InnerTalk is a patented technology that has been independently researched and demonstrated to be effective. All positive messages are delivered to the subconscious mind using special shadowing techniques. These positive affirmations replace old, negative, self-limiting self-talk, and therefore enables you to find success in whichever area you choose. All programs come with a complete list of the affirmations. Living with the changes menopause brings is more than challenging for many. Apprehension, fear, uncontrollable sweats, irritability, and much more are common problems associated with menopause. Menopause may be natural but how it impacts a woman in both its manifest symptoms and the attitudinal adjustments, feeling of loss, embarrassment and more, can be ameliorated. Now you too can learn to employ the mind/body connection utilizing this special program. Sample Affirmations: Life is a miracle. I am a miracle. I love life. I enjoy living. I am positive. I am optimistic. I appreciate my body. I love my body. I am calm. I am relaxed. I allow. I am in touch with me. I am engaged with life. I am mentally active. I am pleasant. I enjoy being pleasant. I am a good communicator, etc. About the Author: Eldon Taylor is an award winning, New York Times best selling author of over 300 books, and audio and video programs. He is the inventor of the patented InnerTalk technology and the founder and President of Progressive Awareness. His books and audio/video materials have been translated into more than a dozen languages and have sold millions worldwide. Eldon is the host of the popular radio show, Provocative Enlightenment. Note: Our programs are for educational and spiritual purposes only. No therapeutic claims of any kind are made regarding these recordings.

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